

# BEAT the HEAT

Summer Relief Program

**April 1 – May 17**

**DROP OFF ITEMS AT:**

**Via Linda Senior Center  
10440 E. Via Linda  
Scottsdale, AZ 85258**

**Monday - Friday | 8 a.m. - 4 p.m.**

**Questions?**

**Nakota Cini**

Human Services Representative  
480-312-5811

NCini@ScottsdaleAZ.gov



*Thank you for helping  
bring relief to homebound  
seniors in need.*

## **ITEMS NEEDED:**

- BRITA WATER PITCHERS AND FILTERS (PRIORITY ITEM)**
- BOTTLED WATER**
- NEW, REUSABLE WATER BOTTLES**
- NUTRITIONAL SUPPLEMENT DRINKS (ENSURE/BOOST REGULAR AND SUGAR-FREE, GATORADE, PROPEL)**
- HEALTHY STORE-BOUGHT INDIVIDUALLY-WRAPPED SNACKS (PRETZELS, RAISINS, CRACKERS, TRAIL MIX, PROTEIN BARS)**
- BOOKS OF 'FOREVER' STAMPS**
- SUMMER RELIEF ITEMS (MINI FANS)**
- GROCERY CARDS WORTH \$35.00 (FRY'S PREFERRED)**
- FULL-SIZED (NON-TRAVEL) UNUSED PERSONAL HYGIENE ITEMS (TOOTHBRUSH, TOOTHPASTE, CHAPSTICK, DEODORANT, SUNSCREEN, BODY WASH, SHAMPOO/CONDITIONER, HAND/BAR SOAP)**

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search "Beat the Heat"**