

# JULY ACTIVITIES

## Senior Services

### GRANITE REEF SENIOR CENTER ACTIVITY LIST

#### Activity Time Location

##### MONDAY:

Open Cards	8 a.m. - 5 p.m.	Room 5
Open Arts & Crafts	9 a.m. - Noon	Room 6
Beginning Strummers	1 - 2 p.m.	Room 10
Mah Jong	10:30 a.m. - 2:30 p.m.	Room 11
Monday Bridge	12:45 - 4 p.m.	Room 1

##### TUESDAY:

Open Cards	8 a.m. - 5 p.m.	Room 5
Friendship Discussion Group	10 - 11 a.m.	Room 8
Chair Exercises	10 - 11 a.m.	Room 1
Duplicate Bridge	12:45 - 4 p.m.	Room 1

##### WEDNESDAY:

Open Cards	8 a.m. - 5 p.m.	Room 5
Open Arts	9 a.m. - Noon	Room 6
Current Events Discussion Group	10:30 a.m. - Noon	Room 8
Pinochle	Noon - 5 p.m.	Room 11
Prickly Pear Duplicate Bridge	1 - 4 p.m.	Room 1
Table Tennis <b>\$2 drop-in</b>	1 - 4 p.m.	Room 2

##### THURSDAY:

Open Cards	8 a.m. - 5 p.m.	Room 5
Double Deck Pinochle	10 a.m. - 3 p.m.	Room 12
Chair Exercises	10 - 11 a.m.	Room 1

#### Activity Time Location

##### THURSDAY:

Open Chess	11 a.m. - 3 p.m.	Room 5
Blood Pressure Check		
<b>2nd &amp; 4th Thurs</b>	11:15 a.m. - 1:15 p.m.	
Canasta Newcomers	Noon - 4 p.m.	Room 10
Current Events Discussion Group	Noon - 2 p.m.	Room 8
Canasta	Noon - 5 p.m.	Room 11
Ballroom Dance <b>\$8 Fee</b>		
<b>2nd &amp; 4th Thurs</b>	Noon - 2:30 p.m.	Room 2
Open Art	1 - 4p.m.	Room 6
Tremble Clefs	3 - 5 p.m.	Room 2
Senior Karaoke		
<b>2nd &amp; 4th Thurs</b>	2 - 5 p.m.	Room 1

##### FRIDAY:

Open Cards	8 a.m. - 5 p.m.	Room 5
Bingo	9:30 - 11 a.m.	Room 1
Scottsdale Strummers	10 a.m. - Noon	Room 8
International Mah Jong	Noon - 5 p.m.	Room 11
Friday Bridge	12:45 - 4p.m.	Room 1
Line Dancing	11:30 a.m. - 12:30 p.m.	Room 2
Scrabble	Noon - 5 p.m.	Room 12
Matinee Movie	1 - 3 p.m.	Room 8

##### SATURDAY:

Open Cards	8 a.m. - Noon	Room 11
Table Tennis <b>\$2 drop-in</b>	8 a.m. - Noon	Room 5
Fitness Center		
<b>\$3 drop-in</b>	8 a.m. - Noon	Fitness Center

### GRANITE REEF SENIOR CENTER SUPPORT GROUPS

Support Group	Time	Location
Alzheimer's Support Group	1st Monday   1:30 p.m.	GRSC
Hospice of the Valley - Grief and Loss	1st and 3rd Tuesday   1 p.m.	GRSC
Scottsdale Amputee Support Group	2nd Wednesday   6-7:55 p.m.	GRSC
Tremble Clefs ( <i>Parkinson's Support</i> )	Thursdays   3 p.m.	GRSC



**Granite Reef Senior Center**

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SCOTTSDALE  
**HUMAN SERVICES**